

# Dementia Care Community

A newsletter brought to you by the PriDem Team

VOL. 2, ISSUE 1

FEBRUARY 2021

## PriDem update



We have started 2021 with another busy time for the programme! We are currently setting up a pilot study to try out the new PriDem intervention in a small number of practices.

The DCC have been helping us with this work and we held two small group meetings on 28th January and 4th February. We asked for help with two important aspects of the pilot study:

- the information sheets we will use to inform people living with dementia and carers about the study and invite them to take part, and
- the study measures we will ask people living with dementia and carers to complete to capture the impact of the intervention.

The groups gave us lots of helpful comments and suggestions, and we are busy using these to improve the information sheets and refine our choice of outcome measures.

---

## Spotlight on Michelle



Hello my name is Michelle Kindleysides and I'm the Head of Health and Wellbeing at Beamish Museum. The team have the wonderful job of running lots of different groups at the museum which all aim to improve the health and wellbeing of people living with dementia and other long term conditions, their families and carers.

We have a cosy little 1940s cottage where we run a lot of our groups and also use our 1950s Welfare Hall for seated exercise and have a walking group too. We work in partnership with our local Alzheimer's Society and also some Occupational Therapists.

The link to our webpage is: <http://www.beamish.org.uk/health-wellbeing/>

---

## Next Events



A small group format for remote meetings (via Zoom) is working well to help everyone get involved in the discussion. We plan to continue invite small groups to meetings where the focus is discussion and generating ideas. We will invite all DCC members to meetings where the focus is updating you on the study.

With this in mind, we have put together a programme of topics for the Spring:

- Developing a template for annual dementia reviews
- Measuring the quality of an annual dementia review
- The PriDem manual: resources to support professionals putting the intervention into practice
- Sharing the findings of PriDem: ideas for dissemination

We will be in touch with invitations in advance of these dates. In the meantime, if you would like to express a particular interest in being part of a discussion, or have any questions about the programme please do get in touch.

We will also hold a whole DCC meeting on **22nd April 2021** to update you & celebrate 2 1/2 years of the DCC! Please add this date to your calendars and we will be in touch with further details.

## Spreading the word



Sharing the findings of PriDem is an important aspect of our work. We look forward to thinking about different ways we could reach a wide audience when we discuss this with you in the Spring.

In the meantime, we are preparing a journal article to describe the DCC as a novel approach to involving people in dementia research. We are looking to involve some of the DCC in this process; if this is something you would be interested in, please get in touch with Greta using the contact details below.

---

Please contact us for any further information

Email: [greta.brunskill@newcastle.ac.uk](mailto:greta.brunskill@newcastle.ac.uk)

Phone: 0191 208 7963 (This is a voicemail facility where you can leave a message. Please leave your name and contact number and we will get back to you as soon as we can)

Twitter: [@PriDemProject](https://twitter.com/PriDemProject)

Website: <https://research.ncl.ac.uk/pridem/>